



## **Potty Training Policy**

At Alexandra Park Children's Learning Community we see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental encouragement of adults. Children will only be potty trained once they are fully settled and secure within the nursery environment.

We will only introduce potty training at nursery once it is fully established at home and the child is using the potty/toilet confidently. Children will be encouraged, and each child will be individually monitored, and parents will be informed of the child's progress.

Initially your child will slowly be encouraged to use the toilet/potty at home. Parents should request potty training to start at nursery only when the child successfully uses the toilet on a regular basis and is beginning to understand when they feel they need to go.

- During the transitional period, it is paramount that the child's self - esteem and confidence remains high.
- A record of each nappy change will continue to be logged on the nappy changing sheet.
- Children training will be gently encouraged to sit on the toilet/potty every time they are changed.
- Once they are ready, children will transfer from nappies to underwear (or pull-ups if necessary).
- Please ensure there are always 4 full sets of spare, labelled clothes in your child's bag in case your child needs to be changed on more than one occasion. (The nursery will not accept responsibility for unlabelled lost items).
- Please make sure your child is dressed in sensible clothing, easy to take on and off independently. No dungarees, belts or tricky buttons.
- Children will be reminded to go to the toilet every 20-30 minutes by a member of staff and a record will be kept on their toileting throughout the day.
- Accidents will be dealt with sensitively. Although children will be encouraged to undress and redress themselves, staff will be there to offer support and offer reassurance.
- If your child is in underwear and has persistent accidents (3 or more) in one day, we will put a pull-up or nappy back on them to save further upset, anxiety and stress for your child.
- If persistent accidents continue, we will advise that you may need to delay potty training for a short while and resume at a later date.
- Staff will always give positive praise and encouragement after each visit to the toilet.

Date: August 2021

Signed Manager:

Reviewed: August 2022

Signed Director: